

# Goal Setting

**S**

**Specific**

Define what I want to accomplish.

**M**

**Measurable**

How will I measure this goal achievement?

**A**

**Achievable**

Do I have the resources or can I get the resources I need to achieve?

**R**

**Relevant**

Is this outcome aligned with my overall business

**T**

**Time bound**

When will this be completed/accomplished?